

Relationship Status Questionnaire

Name _____ Partner's Name _____ Date _____

Most unmarried or pre-committed couples tend to describe their relationship as "committed," which can mean very different things to each partner.

The purpose of this questionnaire is to help you determine the status of your relationship so you can be clear and on the same page with each other.

- ____ 1. I plan on spending the rest of my life with my partner.
- ____ 2. I want to be married to my partner.
- ____ 3. I'm unsure of the future of this relationship.
- ____ 4. My friends thinks we're a committed couple.
- ____ 5. My family thinks we're a committed couple.
- ____ 6. I like our Boyfriend/Girlfriend relationship and am in no hurry to change that.
- ____ 7. My partner believes we're committed, but I'm not there yet.
- ____ 8. I'm committed to our relationship, but my partner isn't there yet.
- ____ 9. We have discussed our future and are on the same page about it.
- ____ 10. We've discussed commitment but haven't done anything about it.
- ____ 11. We've taken steps towards commitment (living together, buying property, having a child, etc) but we have no concrete plans to marry.
- ____ 12. We've taken steps towards commitment (living together, buying property, having a child, etc) and have a plan/timeline towards commitment or marriage.
- ____ 13. I don't believe in commitment and prefer to stay in the relationship as long as it works.
- ____ 14. My partner doesn't believe in commitment and prefers to stay in the relationship as long as it works.
- ____ 15. We have a made a formal, explicit commitment to each other privately.
- ____ 16. We have a made a formal, explicit commitment to each other in a ceremony witnessed by others.

Based upon the above results I define our relationship as-

- _____ **Committed** (Lifetime partners)
_____ **Pre-Marital** (Engaged to be married)
_____ **Pre-Committed** (Exclusive, but not yet committed)